

# Flashcard Drill for Estheticians: Application and Removal Procedures

There are two main types of flashcard drills: handheld and tabletop. Handheld drills are smaller and more portable, while tabletop drills offer more power and stability. The type of drill you choose will depend on your individual needs and preferences.

There are many benefits to using a flashcard drill for skin care, including:

- **Exfoliation:** A flashcard drill can be used to remove dead skin cells, dirt, and oil from the skin's surface. This can help to improve the appearance of the skin and make it more receptive to other skin care products.
- **Improved circulation:** Exfoliation can also help to improve circulation to the skin's surface. This can give the skin a healthier, more radiant appearance.
- **Reduced acne:** A flashcard drill can be used to help reduce acne breakouts. By removing dead skin cells and oil from the skin's surface, a flashcard drill can help to prevent clogged pores and breakouts.

1. Cleanse the skin with a gentle cleanser.
2. Apply a thin layer of exfoliating cream or gel to the skin.
3. Attach the appropriate flashcard to the drill.
4. Turn on the drill and gently move it over the skin in a circular motion.
5. Be sure to apply even pressure and avoid over-exfoliating.

6. Rinse the skin thoroughly with cool water.

1. Turn off the drill.

2. Remove the flashcard from the drill.

3. Wash the flashcard with soap and water.

4. Dry the flashcard thoroughly.

- Always start with a clean skin.
- Use a gentle exfoliating cream or gel.
- Apply even pressure and avoid over-exfoliating.
- Rinse the skin thoroughly with cool water.
- Moisturize the skin after exfoliation.
- Use a flashcard drill no more than once or twice a week.

A flashcard drill is a versatile tool that can be used for a variety of skin care techniques. By following the instructions in this article, you can safely and effectively use a flashcard drill to improve the appearance of your skin.



## Flashcard Drill for Estheticians 3: Application and Removal Procedures

by Peterson's

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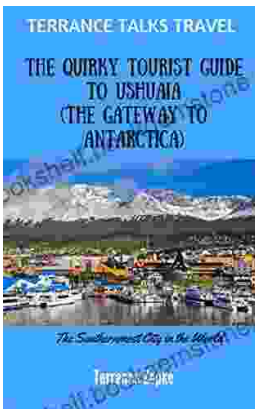
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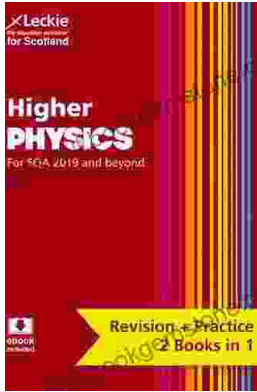
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