

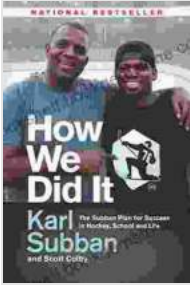
# How We Did It: A Comprehensive Guide to Accomplishing Your Goals



We all have goals. Some of them are small and achievable, while others seem so daunting that we never even try to pursue them. But what if there was a way to make achieving any goal a little bit easier?

**How We Did It: The Subban Plan for Success in Hockey, School and Life** by Scott Colby

★★★★☆ 4.6 out of 5



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Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 304 pages



Well, there is! And in this article, we're going to share the five key steps to accomplishing any goal.

### **Step 1: Define Your Goal**

The first step to accomplishing any goal is to define it. What exactly do you want to achieve? What are your specific goals?

Once you have a clear understanding of what you want to achieve, you can start to develop a plan to make it happen.

### **Step 2: Create a Plan**

Once you know what you want to achieve, it's time to create a plan. This plan should outline the steps you need to take to reach your goal.

Be as specific as possible when creating your plan. What tasks do you need to complete? What resources do you need? And what timeline do you need to stick to?

### **Step 3: Take Action**

Once you have a plan, it's time to take action. This is the hardest part, but it's also the most important.

To stay motivated, it's important to break your goal down into smaller, more manageable steps. And don't be afraid to ask for help from others if you need it.

#### **Step 4: Overcoming Obstacles**

Along the way, you will inevitably face obstacles. This is normal. But it's important to not let obstacles stop you from reaching your goal.

When you face an obstacle, don't give up. Instead, try to find a way to overcome it. There is always a way to overcome any obstacle, if you're willing to put in the work.

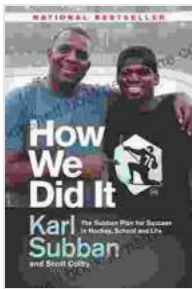
#### **Step 5: Celebrate Your Success**

Once you achieve your goal, take some time to celebrate your success. You've worked hard and you deserve it!

Celebrating your success will help you to stay motivated and to continue setting goals for yourself.

Achieving any goal is possible, if you're willing to put in the work. By following the five steps outlined in this article, you can increase your chances of success.

So what are you waiting for? Define your goal, create a plan, take action, overcome obstacles, and celebrate your success!



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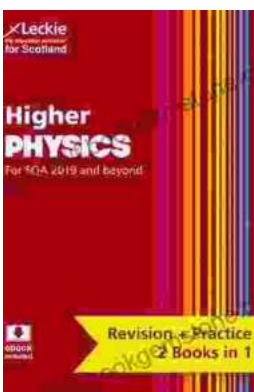
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