## Sabbath in Puritan New England: A Day of Rest, Worship, and Reflection



#### Sabbath in Puritan New England by Alice Morse Earle

4.3 out of 5

Language : English

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The Sabbath was a central part of life in Puritan New England. It was a day of rest, worship, and reflection, and it played a vital role in shaping the Puritan community.

The Puritans believed that the Sabbath was a holy day, set aside for the worship of God. They believed that it was a day to rest from their labors, and to focus on their spiritual lives.

The Sabbath began on Saturday evening, and lasted until Sunday evening. During this time, the Puritans were required to refrain from all work and worldly activities. They were to spend the day in prayer, Bible study, and worship.

The Puritans also believed that the Sabbath was a day for fellowship and community. They would often gather together for worship services, and

they would also spend time visiting with friends and family.

The Sabbath was a very important part of Puritan life. It was a day that helped to define the Puritan community, and it played a vital role in shaping the Puritan worldview.

#### The Sabbath and the Puritan Community

The Sabbath was a central part of the Puritan community. It was a day that helped to define the Puritan identity, and it played a vital role in shaping Puritan society.

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#### The Sabbath and the Puritan Worldview

The Sabbath played a vital role in shaping the Puritan worldview. It was a day that helped to define the Puritan understanding of God, humanity, and the world.

The Puritans believed that the Sabbath was a reminder of God's creation. They believed that God created the world in six days, and that he rested on the seventh day. The Sabbath was a reminder of this creation, and it was a day to celebrate God's goodness and power.

The Puritans also believed that the Sabbath was a reminder of human sin. They believed that humans had sinned against God, and that they were deserving of punishment. The Sabbath was a day to repent of sin, and to seek God's forgiveness.

The Puritans also believed that the Sabbath was a day of hope. They believed that Jesus Christ had died on the cross to atone for their sins. They believed that through Christ, they could be forgiven of their sins and reconciled to God.

The Sabbath was a very important part of the Puritan worldview. It was a day that helped to define the Puritan understanding of God, humanity, and the world.

#### The Sabbath Today

The Sabbath is still a very important part of many Christian communities today. It is a day to rest from our labors, and to focus on our spiritual lives.

The Sabbath is a day to worship God, to study the Bible, and to pray. It is a day to gather with friends and family, and to enjoy fellowship and community.

The Sabbath is a very important day for Christians. It is a day that helps to define our identity, and it plays a vital role in shaping our worldview.



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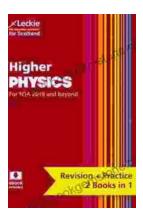
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